



Weekly Discussion Guide

June 2018 Sample



Theme for June: *Living from Divine Wisdom*

Greetings,

This month's theme goes perfectly with last's month's theme of *Spiritual Laws in Action*. Putting spiritual laws into action in our lives is *Living from Divine Wisdom*. Having knowledge is one thing. Putting that knowledge to use is wisdom.

This week's discussion guide is based on the article by Dr. Ernest Holmes, entitled *What We Believe About This Thing Called Life*. Dr. Holmes, as he often did, uses the example of Jesus the Christ to illustrate his teachings of love and forgiveness. And most of all, the belief that there is only One power in the Universe that governs all of life. Dr Holmes' article starts on page 76.

Peace and Abundant Blessings,
Eugene

To live from Divine Wisdom, we must first recognize our oneness with the Infinite. This is one of most apparent qualities about the man named Jesus. He knew there was only One power that governed everything. For him, it was

called Father. We can call It whatever works for us. The important thing is to cultivate the same unwavering faith in this Power that Jesus had. He did not doubt this energy. Holmes has this to say. ***“Jesus had no long, drawn-out dogma, no set of creeds. He was a person who was acquainted with God, who was able to feel and see God in everything and in everyone.”***

That’s an important line to consider, *‘He was a person who was acquainted with God.’* One of the definitions of the word acquainted is to: *have personal knowledge as a result of study, experience, etc.* One who has an experience of God is also what is known as a mystic.

We are invited to experience God, Spirit, the Universe in a way that brings us joy, prosperity and grace. One of the ways to do this is by practicing non-judgment. Here’s Holmes. ***“Jesus taught that there is justice in the universe without judgment; that we are all blessed by the good we do, and that we are stopped when we seek to do evil.”***

Seeing the universe without judgment takes practice. We have been taught to judge everything as either being good or so called bad. But what would happen if we started to believe the universe was always for us and never against us, that there was only good. Would that change the way you live life? Would that change the way you treat others and yourself?

Divine Guidance for Successful Living

Dr. Holmes starts this section with: ***“This Thing Called Life is not only a healing agency for the body and the emotions, it is also sustenance for our daily need in every department of life.”***

1. What does that line mean to you? Please discuss with your group.

Nature provides evidence to the fact that we are taken care of naturally. Everything around the world has all that it needs to live its life, despite how it may look to us. But how do we cultivate this way of living? Holmes gives us a clue when he writes: ***“There are techniques that are just as definite for drawing on the Mind of God for guidance in our daily activities as there are techniques for healing the body. We know that the person who prays aright can demonstrate his right place in life.”***

Putting spiritual laws into action and living from divine wisdom calls for consistent spiritual practice. Like going to the gym every day or being on a

healthy diet to maintain the health of the body, we are to be just as faithful with our spiritual workout. Holmes continues: ***“We know that the person who prays aright can demonstrate his right place in life.”***

There is nothing special or otherworldly about this, as Holmes eludes to when he says: ***“We should not think of Divine guidance as something supernatural but rather as completely natural.”***

Divine wisdom is our natural birthright. We don’t have to go looking for it outside of ourselves. It is as close to us as our heartbeat. It’s as close as life itself, which is always present, vibrant and alive. Dr. Holmes says, ***“If we are not experiencing right action and harmony, it is because we have lost contact with This Thing Called Life, which could and should be directing our activities.”***

2. Have you lost contact with This Thing Called Life?

2a. How has that showed up in your life? Please discuss with your circle.

Your consistent spiritual practice will guide you to your greater yet to be. Holmes says, ***“We believe that no matter what a man’s circumstances in life, there is an infinite Intelligence that can take him by the hand and lead him into the path of right action where he will experience success, happiness and peace.”***

Implanted with the Mind of God

The Science of Mind teaches that there is a power for good in the universe greater than we are and we can use it. It also teaches that the Power for good is within us. We are one with it and It is one with us. This is what is meant by no separation. This is also the second step in Spiritual Mind treatment or Affirmative Prayer. Namely, I am one with God.

Your mission is to reacquaint yourself with your Self. As Holmes says, ***“To find our true center is one of the great quests of life. To discover God within is the greatest thing that could happen to anyone.”***

You are here to shine, bless and share your gifts with the world. You are here to be the Divine expression of God. This way of life doesn’t necessarily change the things around you, it changes who you are. You become a new person that has different and new experiences. Holmes puts it this way. ***“The miracle that follows such discovery changes the whole personality — a new power surges***

into it through the revelation of the Divine Presence at the center of its own being.”

Because you are an individualized expression of the One, filled with the same creative Intelligence that governs the universe, you need not rely on anyone else to tell you how you should live your life. You get to depend on the inner knower.

Here's Holmes: ***“We do not need to imitate others or to shape our lives according to their thoughts. All we have to do is to learn to be ourselves, for there is at the center of everyone's life behind the mask he wears an eternal Son of the living God. It is this Son that we wish to reveal.”***

You are the Christ. You are the way that God, Spirit, Universe, Life shows up. This is who and what you are.

3. What are you willing to do to reveal more of your true Self? Please discuss.

All of this sounds good, right? The question is, how. How do I reveal my true Self? The answer is simple. First be willing to do so. Then, engage in consistent spiritual practice. Particularly, meditation. Sitting in meditation, sitting in the stillness, allows us to tap into the Infinite Intelligence within us. As we make this a daily practice, we find that our lives change. We experience more peace, more clarity and more joy.

To this point, Dr. Holmes leaves us with something for us to meditate on. It is included here for your convenience.

Peace and Abundant Blessings,
Eugene

Meditation from Dr. Holmes

And now let us take as the thought for our meditation today these words of Jesus: “As thou hast believed, so it is done unto thee.” And let us again reaffirm our faith in the all-sustaining power of the living Spirit, as each says quietly to himself: We affirm our belief in the Living Spirit and accept the simple fact that we live and move and have our being in a Divine Presence which is perfect, whose nature is love and peace and joy. We reaffirm our conviction that the heart of the Eternal is most wonderfully kind, and as we accept its divine givingness, so in turn do we give to others. We affirm our conviction that the infinite Giver forever forgives and that we, in our turn,

forgive ourselves and everyone else for any mistakes we may have made. We affirm our belief that every day is a fresh beginning and that our world can be made new today. And we reaffirm our conviction that the whole world lives in the one Spirit and that one God is the Father of us all. May we so live and think and act that the love, the life, the givingness and the forgiveness of our Father which art in heaven shall flow through us to bless and heal the world.

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Possible Featured Articles Taht May Be Used

- **Mutts on a Mission,, by Barry Ebert**
- **Honoring Diversity and Inclusion, by Petra Weldes**
- **Karen Karsh nad Park Peters: What Eyes Cannot see, by Kent Rautenstrauss**
- **I AM Here Always: You Need Only Listen, by Ron Fox**

Opportunities for further Circle Discussion

As you read the Daily Guides for this month, were there any in particular that resonated with your consciousness? If so, please share with your discussion group.

Remember there are also a number of articles reflected in the Columns section, as well as affirmations and reviews in the Departments section of the magazine. Choose one or more to review and discuss as a group if time permits.

Additional Resources of Interest

Online Edition of Science of Mind Magazine

The online edition of the magazine contains additional content not found in the printed edition. It is available at the following site:

www.scienceofmind.com

Science of Mind Free Electronic Newsletter

You may find additional articles and links to other resources that your Circle may want to explore. You can sign-up at the following site: <http://www.scienceofmind.com/e-mail/>

The Science of Mind Archives

This site contains a number of online books, audios, and archived editions of Science of Mind magazine that are accessible at the following link: <http://scienceofmindarchives.org/>

Social Media

Check us out on the following Social Media sites for forum discussion, current events, and inspirational postings that may be of interest:

- <https://www.facebook.com/centersforspiritualliving>
- <https://twitter.com/sciofmindmag>

Questions or Feedback

We welcome any questions concerning your Spiritual Living Circles, as well as feedback on how we can improve on the content of this material.

Please send us an e-mail to: circles@csl.org

We are very grateful for your continued participation in being a part of up leveling the consciousness of the planet where we envision a World That Works For Everyone

Peace

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