



Weekly Discussion Guide

May 2018 Sample



Theme for May: *Spiritual Laws in Action*

Greetings Beloveds,

Well, here we are in another month and another season. When we pay attention to the changes of the seasons, we get to see how the law of nature work. Spiritual Laws work somewhat in the same way. There is a time to sow and a time to harvest. We use those same laws. Our thoughts and words are the seeds that we plant into the universal law of creation. Our nurturing the 'soil' is our belief.

This week's discussion guide is based on the article by Ernest Holmes. Dr. Holmes, in his usual brilliant and clear way, reminds us all that we are not only having a great adventure, we are the great adventure.

His article *The Great Adventure: An Experiment with Faith*, inspires us to awaken to our true Selves. From this place of power, we get to put the *Spiritual Laws in Action* for the betterment of our lives and the lives of those around us. You will find Dr. Homs article on page 70.

May your life continue to grow, expand and express in unlimited ways.

Peace and Blessings,
Eugene

What I like about the teaching called Science of Mind or Religious Science, is the word Science. With science, we get to experiment. We get to try out different things until we find what works for us. Holmes starts his article by writing, ***“We like to try out new things and see how they work. There wouldn’t be much fun in living unless we did this, for life is a great adventure. As a matter of fact, it is the great adventure. Unless new things are happening to us, life becomes uninteresting and drab.”***

We are here to create. We are always creating, whether we are conscious of this truth or not. Most people usually experience only what the five senses tell them. However, there is much more to us than this. Holmes writes. ***“When God put us here He made each one of us just a little different, and if Divine Intelligence made each one of us just a little different, as though each one were a new mold, then the greatest adventure in life would be an experiment with ourselves to see what we could do with this thing that is within us.”*** We are not merely human beings. We are so much more. You are so much more.

Enabling the Miraculous

There is a Power and an Intelligence within you that knows exactly what to do and when to do it. Our work is to recognize that Power, then identify or become one with it. When we really know this as being truth, our lives change. We start to use that Power and Intelligence for the good of our lives and the lives of others.

Dr. Holmes uses the story of Jesus turning water into wine to drive home the power of faith. He writes, ***“But suppose someone were to say to us: Why don’t you turn water into wine? What would our response be? Well, we know what it would be. We would say: “Why, I can’t turn water into wine. I wouldn’t know how. The very idea is ridiculous.”*** He then goes on to say, ***“But how do we know that we couldn’t turn water into wine? Who told us we couldn’t?”***

That’s a key question: *Who told us we couldn’t.* The stories about the life of Jesus over his short three-year ministry, make one thing very clear. He was sure there was a Power and a Presence that worked through him and as him all the time. Here’s Holmes. ***“Perhaps we should think the thing over again and try to find out what it was that Jesus understood that enabled him to perform this miracle.”***

Jesus did not waiver. For him, this Power that was in him and all around him was called Father. And he knew he was one with his Presence. We, however, can call it anything we want. What's important is that we call it forth into our conscious awareness and experience.

1. Do you know with absolute certainty that you are one with the Source of Life?

We have the same potential to do the same things that the Master Teacher Jesus did. In quoting from the Bible, Holmes writes, ***“As a matter of fact he said: What I am doing you can do, too, if. ...”***

The if has to do with your belief. If you believe you can do great things, you will. Dr. Holmes put it this way. ***“When you actually believe in a Power greater than you are and come to know that you, as a human being, have nothing to do with the processes of life whatsoever, you can do anything as long as you believe.”*** It is done to you as you believe.

What vision do you want to experience in your life? Do you believe you can be all that you want to be? To do all that you want to do? To have what your heart desires? Do you believe this to be true for you?

Holmes reminds us, ***“You live, but you did not create your own life. You think, but you didn't create your own mind. You are a Spirit, but you didn't make the Spirit.”***

There is something that is at the core of your being. This Something is the Source of all of life. This same Power and Intelligence that cause all to be is who and what you are. Holmes says, ***“There is something in me greater than I appear to be, and that something really isn't myself, as a mere human being, at all.”***

The next line is the first step of Spiritual Mind Treatment. Dr. Holmes: ***“There is a Presence and a Power within me waiting for me to recognize it.”*** Recognizing this truth is the first step to letting go of trying to make things happen. Once we recognize this truth, we become conscious and deliberate creators. Not making anything happen but instead, we make it all welcome. Having faith, which is to know, can make this adventure a powerful and power-filled journey of rediscovery.

Despite what some of us may have been taught, that Jesus was the only one who could do these things, we are to grow in faith, know that we can do the same works he did. There isn't anything you cannot do, if you have the faith, belief and the knowing that you can.

Part of our journey here on the planet is to wake up. To wake up to who we are; divine beings of love and light.

2. Who do you believe yourself to be? Who do you *know* yourself to be?

Embrace the Adventure

You may have heard the saying that *it's not about the destination, it's about the journey*. Life is an adventure, a journey. It is to be exciting. Holmes put it this way. ***“Really, this is the adventure you and I are on. It is a terrific one and it should fire the imagination and the will to action.”*** This journey is about waking up to who we are, recognizing that we are one with the abundance, beauty and joy of life. Holmes. ***“We are on the adventure of self-discovery through faith, and we are learning the greatest lesson in life — man doesn't live by bread alone but by a subtle power which flows through everything, a Divine Presence which encompasses everything.”*** Holmes then writes something very powerful. ***“Man doesn't live by will or wishing or hoping or longing. Man lives only because the Divine Life has descended into him”***

3. What is your feeling about that last quote?

Life truly is an adventure. It is meant to be enjoyed. We are here to design the life we want to experience. For it is done to us as we believe, as we expect.

This is the power of Spiritual Mind Treatment or Affirmative Prayer. The first two steps of Affirmative Prayer, God is all there is, and I am one with God, aligns us with the Truth that there is something within us that works with us to bring into our lives what we think, say and feel.

Dr. Holmes leaves us with this. ***“And so we get right back to that little word of Jesus — if you can believe, then it will be done unto you, and it will be done unto you as you believe. It is the “if” and the “as” to which we must pay attention. If we can believe, then the power is delivered, and it will be delivered as we believe.”***

Life, as you, is the great adventure. Enjoy the ride.

Peace and Blessings,
Eugene

May 2018 Theme: Spirituals in Action

Possible Featured Articles That May be Used

- How Friendly is the Universe, by Margaret Stortz
- Tackling Homelessness, One Community's Response, by Morgan Smith
- In the God Cards, by Mitch Horowitz
- Reclaiming Wholeness, The Spirituality of Recovery, by Sara Awad

Opportunities for further Circle Discussion

As you read the Daily Guides for this month, were there any in particular that resonated with your consciousness? If so, please share with your discussion group.

Remember there are also a number of articles reflected in the Columns section, as well as affirmations and reviews in the Departments section of the magazine. Choose one or more to review and discuss as a group if time permits.

Additional Resources of Interest

Online Edition of Science of Mind Magazine

The online edition of the magazine contains additional content not found in the printed edition. It is available at the following site:

www.scienceofmind.com

Science of Mind Free Electronic Newsletter

You may find additional articles and links to other resources that your Circle may want to explore. You can sign-up at the following site: <http://www.scienceofmind.com/e-mail/>

The Science of Mind Archives

This site contains a number of online books, audios, and archived editions of Science of Mind magazine that are accessible at the following link: <http://scienceofmindarchives.org/>

Social Media

Check us out on the following Social Media sites for forum discussion, current events, and inspirational postings that may be of interest:

- <https://www.facebook.com/centersforspiritualliving>
- <https://twitter.com/sciofmindmag>

Questions or Feedback

We welcome any questions concerning your Spiritual Living Circles, as well as feedback on how we can improve on the content of this material.

Please send us an e-mail to: circles@csl.org

We are very grateful for your continued participation in being a part of up leveling the consciousness of the planet where we envision a World That Works For Everyone

Peace

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