



## Weekly Discussion Guide

August 2017 Sample



## August's Theme

### *Creating a World That Works for Everyone*

For the month of August, we will be looking at ways in which *to Create a World That Works for Everyone*. This week's discussion guide is based on the article written by the founder of Religious Science, Dr. Ernest Holmes, and is entitled, [MAKE YOUR OWN TOMORROWS](#). Once again, Dr. Holmes reminds us that we are the creators of our lives. That it is our responsibility and privilege to create a world that works for us. It is by creating this world that we are well on our way to creating a world that works for Everyone. Dr. Holmes' article starts of page 76.

Much Love,

Eugene

Right from the very start Dr. Holmes reminds us that we are a unique expression of God. That there is no one else on the planet quite like you. In

the first paragraph Dr. Holmes writes, ***“You are a personal activity in the action of God. You are you, and you are eternal, and you are free.”***

Think about that for a minute. You are a personal activity in the action of God. Another way to look at that is, you are God in action. As such you are eternal. You are free.

1. Does knowing this change the way you might go about your daily life?

Making your own tomorrows, making your own moments requires you to realize and accept the God-power that resides within you. Holmes writes. ***“There is a God-power at the center of your being, a Presence that knows neither lack, limitation, nor fear. This Presence and Power is at the center of all people and all things.”***

Knowing that you are the place where God lives, moves and has it’s being can be very liberating indeed. And in this freedom, comes great responsibility. Because thoughts create your reality, you are called to be aware of what you are thinking. Dr. Holmes puts it this way. ***“How careful, then, you should be to guard your thoughts, not only seeing to it that you keep them free from doubt and fear — accepting only the good — but, equally, you should consciously repel every thought which denied that good. Realizing that all action starts in and is a result of consciousness, prepare your mind to receive the best that life has to offer.”***

Admittedly, with the fast pace action of life, it may not always be easy to be aware of your thoughts. It takes practice, consistent practice, to be aware of what is running through your mind. However, when you can make this practice a habit, you will begin to create a life that matches your heart’s desires and the desire of the Infinite Presence within your being. Holmes confirms this when he writes. ***“It is not always easy for one to control his thoughts. It is not easy in the midst of pain to think peace, in the midst of poverty to think abundance, in the midst of unhappiness to think joy. But if you do this you will meet with success.”***

2. What is your practice for being aware of your thoughts? Please share with your Circle members.

## BELIEVE

Belief plays a huge role in you creating a world that works for everyone. You must believe that your thoughts and your words are creative. Instead of believing in sickness, believe in health. Instead of having a belief in lack, change your thinking to believe in abundance. As Holmes writes, ***“Learn to convert thought patterns of sickness, unhappiness, fear and doubt into patterns which conform to spiritual perfection. You cannot change a pattern of fear by maintaining an attitude of fear or by fluctuating between fear and faith.”*** This too, takes practice. And it is a practice that is worth the time and effort.

One way of doing this is to do what Holmes suggests. ***“Make a picture of yourself as happy and successful. Since you are the only one who has complete access to your thought, you can do this for yourself better than anyone else can do it for you.”*** This is crucial to your creating your own tomorrows.

Holmes continues. ***“You have been told that all things are possible to him who believes. Accepting this as a principle of your being, and analyzing it to its logical conclusion, you have come to understand that faith is not a nebulous something, it is an actual idea, a definite mental attitude, a positive acceptance.”***

You might ask, what are you to believe in? The quick answer is to believe in your Self. That’s the self with the capital ‘S’. This signifies the Divine Presence we call God and it is also an acknowledgment of the God within your Being. Having faith in God is having faith in yourself. Conversely, having faith in yourself is having faith in God. Always remember, there is no separation between you and the Divine.

3. Do you believe that the all good of life is yours?

3a. If not, what needs to happen for that belief to change? Please share with your circle members.

One way to create a world that works for you, and inevitably, a world that works for everyone, is to be enthusiastic. Be excited about what you are creating. And know that at times this enthusiasm may sometimes wane. That's okay, keep your eye on the prize. Holmes says this about that *“Often you may find that even though you start with an enthusiastic conviction, you become stranded on the rocks of unbelief. Refuse to let this discourage you. The law still is that it is done unto you as you believe”*

To be a master of your life, you must become the master of your thoughts. As Holmes writes. *“Become master of your thinking, hence master of your fate.”* There is nothing that can keep your good from showing up in your life. Holmes instructs us by saying, *“There is no law of human heredity imposed upon you. Evil has no history. Limitation has no past. That which is opposed to good has no future.”*

[MAKING YOUR OWN TOMORROWS](#), starts in the now. Now is the time for you to take dominion over your thoughts and actions. Now is the appointed time for you to let go of all that no longer serves you and to embrace, accept and embody all that does serve your highest good. As Dr. Holmes writes. *“The eternal now is forever filled with the presence of perfect life. You always have been, and forever will remain, a complete and perfect expression of the eternal Mind, which is God, the living Spirit Almighty.”*

Peace and Abundant Blessings,

Eugene

**August 2017 Theme: Creating a World That Works for Everyone Possible**  
**Featured Articles That May be Used**

- **The Truth Is Always in style, by Holli Sharp**
- **Looking Into the Face of Human Trafficking, by Julie Mierau**
- **Spiritual Initiations, It's Not All About Me? by Petra Weldes**
- **From Conflict to Compassion: A Life of Peace & Purpose, by Anthony J. Diaz**

**Opportunities for further Circle Discussion**

As you read the Daily Guides for this month, were there any in particular that resonated with your consciousness? If so, please share with your discussion group.

Remember there are also a number of articles reflected in the Columns section, as well as affirmations and reviews in the Departments section of the magazine. Choose one or more to review and discuss as a group if time permits.

### **Additional Resources of Interest**

#### **Online Edition of Science of Mind Magazine**

The online edition of the magazine contains additional content not found in the printed edition. It is available at the following site:

[www.scienceofmind.com](http://www.scienceofmind.com)

#### **Science of Mind Free Electronic Newsletter**

You may find additional articles and links to other resources that your Circle may want to explore. You can sign-up at the following site: <http://www.scienceofmind.com/e-mail/>

#### **The Science of Mind Archives**

This site contains a number of online books, audios, and archived editions of Science of Mind magazine that are accessible at the following link: <http://scienceofmindarchives.org/>

#### **Social Media**

Check us out on the following Social Media sites for forum discussion, current events, and inspirational postings that may be of interest:

- <https://www.facebook.com/centersforspirituelliving>
- <https://twitter.com/sciofmindmag>

#### **Questions or Feedback**

We welcome any questions concerning your Spiritual Living Circles, as well as feedback on how we can improve on the content of this material.

Please send us an e-mail to: [circles@csl.org](mailto:circles@csl.org)

**We are very grateful for your continued participation in being a part of up leveling the consciousness of the planet where we envision a World That Works For Everyone**

**Peace**

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